Meals on Wheels service
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Meals on Wheels is a council run service, which provides a two course hot meal to elderly or housebound people unable to prepare a meal for themselves. In addition, the Council offers a ‘tea’, which is delivered at the same time as the lunch. This consists of a sandwich, cold drink, fruit/yoghurt and biscuit/cake.

All meals are nutritious and offer a balanced diet suitable for most tastes. Special diets such as low sugar and low fat can also be catered for.

Who qualifies for the service?

We can only accept referrals for meals on wheels from a GP, social worker, district nurse, health visitor or hospital. In exceptional circumstances we can accept family and self referrals. To qualify, clients must meet at least one of the following criteria:

• Housebound and unable to shop for a meal.

• Unable to cook for themselves.

• At risk of malnutrition, not motivated to cook.

• Unaware of time and/or need for regular meals, where there is clear evidence of confusion.

Who delivers the meals?

Depending where you live, you will receive a hot Apetito meal packed at the Douglas Brunton Centre and delivered to you by a volunteer, or a meal delivered by our mobile Apetito service.

The hot meal/‘tea’ service is available Monday to Friday with frozen meals available for weekends and Bank Holidays but delivered to you on a Friday.
The Lingfield area is covered by a voluntary project, which offers a freshly cooked meal service Mondays to Thursdays only.

**How should I store the meals?**

- The hot meals are not suitable for re-heating.
- Frozen meals should be kept in a freezer and used before the expiry date shown on the lid.

**What do the meals cost?**

Meals supplied from the Douglas Brunton Centre and the mobile Apetito service cost £4.60 including dessert (1 April 2017). The ‘tea’ service costs £3.60 per complete meal. Charges are reviewed annually.

There may be an increased fee for some special diets. Special meals are available for diabetic, vegetarian and special dietary requirements. Personal preferences cannot be catered for.

The price of meals supplied by the Lingfield voluntary project is set by the Volunteer Committee. You can find out more about this scheme by calling 01342 843098 (Monday to Thursdays am only).

Payment is usually made by cash or cheque monthly in advance.

**What if I need to cancel a meal?**

If you are going to be away from home or need to cancel a meal for any reason, please call the Douglas Brunton Centre on 01883 347230 before 9.30am.

Meals not cancelled by 9.30am on the day will incur the full meal charge, except in an emergency.

**Where can I find out more?**

For more information please call 01883 347230, or email: dbc@tandridge.gov.uk.
For information on life in Tandridge, services for older & vulnerable people and meals on wheels referral forms, please visit our website: [www.tandridge.gov.uk](http://www.tandridge.gov.uk)
Tandridge District Council’s website is a comprehensive source of information about council services and the community.

You can find information about businesses, councillors, council tax and benefits, housing, jobs, planning, leisure, recycling and waste collections and much more.

www.tandridge.gov.uk

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